



**California Society of Physical Medicine & Rehabilitation
presents their**

**ANNUAL MEETING
April 24-26, 2020**

Hilton Long Beach Hotel



**Attendees may report up to
13 *AMA PRA Category 1 Credits™*
6 hours of QME CME**

PROGRAM SCHEDULE

Friday — April 24, 2020

Lectures: International 4

Exhibits: International 3

12:00 noon

Registration / Exhibits

1:00 p.m.

Opening Remarks

Janet Lord M.D., President-Elect

1:15 p.m.

Epidemiology of Opioids, Part II

Nemat Ali, M.D.

2:15 p.m.

Addiction Medicine

Mario San Bartolome, M.D.

3:15 p.m.

Break / View Exhibits

3:30 p.m.

Opiates: Defending Physicians Against Prosecution

Robert Bitonte, M.D., JD.— moderator

Sarah Scher, BSN, J.D.

Steve Goldsobel, J.D.

Joel Douglas, J.D.

Raymond McMahon, J.D.

5:45 p.m.

Adjourn for the Day

Saturday — April 25, 2020

Lectures: International 4

Exhibits: International 3

7:00 — 8:00 a.m.

Continental Breakfast / View Exhibits

8:00 a.m.

Complications of Long-Term Opiate Use

Cameron Khavarian, M.D.

9:00 a.m.

Buprenorphine

Mario San Bartolome, M.D.

10:00 a.m.

Marijuana

Gary Rinzler, M.D.

11:00 a.m.

Dual Diagnosis: Psychiatry and Addiction

Richardo Restrepo, M.D.

12:00 p.m.

President's Welcoming Luncheon and Business Meeting

(included in registration fee)

CMA Delegate's Report—*Jeffrey Young, M.D.*

Legislative Update—*Steve Cattolica, CSPMR Lobbyist*

2:30 p.m.

Adjourn for the Day

Sunday — April 26, 2020

Lectures: International 4

Exhibits: International 3

7:00 — 8:00 a.m.

Continental Breakfast / View Exhibits

8:00 a.m.

Multidisciplinary Approach— Beyond Functional Restoration

Mauro Zappaterra, M.D.

9:00 a.m.

Physical Therapy for Chronic Pain

Michael Aquino, DPT

9:30 a.m.

Psychology for Chronic Pain

Michael Aquino, DPT

10:00 a.m.

Break / View Exhibits

10:30 a.m.

Acupuncture for Chronic pain

Dennis Chu, MD

11:30 a.m.

Non-medical Community Resources for Chronic Pain

Janet Lord, MD

12:00 p.m.

Patient Panel on Chronic Pain

Michael Aquino, DPT

Journal of



12:30 noon

**Ad-
Annual Meeting**

CSPMR Board Members

Bianca Tribuzio, DO, President
Janet Lord MD, President-Elect
Steven Hsu, MD, Vice President
Andrei Dokoukin, MD, Immediate Past President
Neena Madireddi, MD, Secretary-Treasurer
Steven Hsu, MD, Director, District 1
Eduardo Lin, MD, Director, District 2
Bradley Chesler, MD, Director, District 3
Jeffrey L. Young, MD, Director, District 4
Fulton Chen, MD, CO-Director, District 5
Neena Madireddi, MD, CO-Director, District 5
Jeffrey L. Young, MD, Delegate to CMA

Specialty Society Delegation
Janet Lord, MD, Alternate Delegate to CMA
Specialty Society Delegation
Steve Cattolica, Legislative Advocate
Andi Irons, Executive Director

Up to 13 *AMA PRA Category 1 Credits™*

The California Society of Physical Medicine & Rehabilitation is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CSPMR takes responsibility for the content, quality and scientific integrity of this CME activity.

The California Society of Physical Medicine & Rehabilitation designates this live activity for a maximum of **13 *AMA PRA Category 1 Credit(s)™***. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians attending this course may report up to **6 hours** toward the requirements of California Labor Code section 139.2 (d), continuing medical education towards **QME** status. This seminar also meets the current requirements of IMQ with respect to AB 1195 cultural and linguistic competency.

About the Program

This program has been designed for physical medicine and rehabilitation physicians (physiatrists) as an update and review. Participants will learn practical, clinical steps to manage various common patient care issues related to physician medicine and rehabilitation. Other physicians who refer to physiatrists, or who are directly involved in the treatment of neuromuscular or musculoskeletal impairments, will also benefit from this program by gaining knowledge that will improve their ability to manage these patients.

Disclosure

Consistent with CSPMR policy, faculty are expected to disclose any economic or other personal interests that creates, or may be perceived as creating, a conflict of interest related to the material being presented or discussed. A complete disclosure statement will be in your course syllabus for your referral at the program.

Educational Objectives

At the conclusion of the annual meeting the participant will be able to:

- Outline the new approaches and methods for treatment of patients with common shoulder problems, cervical dystonia, spasticity management and interventional pain management.
- Describe the current trends in opioid prescribing.
- Identify diagnosis and treatment motor recovery after TBI and learn the challenges of inpatient rehabilitation.
- Learn the latest in research as presented by residents of various PM&R medical school programs.
- Learn the latest in physician intimidation, rehabilitation's liability reality, and criminal enforcement for physicians.



Enrollment

Tuition includes a syllabus on flash drive, break snacks and Saturday lunch. We accept checks made payable to **CSPM&R** or credit card payment through PayPal on our website or **Registration can also be done online by going to the website www.cspmr.net**. Refunds must be requested by April 1, 2018 and will be subject to a \$50.00 service charge. Program materials cannot be guaranteed unless payment is received prior to April 10th. CSPM&R has the right to cancel this meeting; in such a case, a full refund will be given.



CME Mission Statement

The CME Mission of the California Society of Physical Medicine and Rehabilitation is to disseminate scientific, socioeconomic and political aspects of medicine impacting the specialty of physical medicine and rehabilitation. Purpose: Our CME program's purpose is to provide high-quality, evidence-based educational seminars designed to advance physician competence and enhance practice performance, throughout their professional careers. Our attendees will also learn about the importance of culture and communication for delivering effective health care. Our CME programs will establish a commitment to educate physicians to deliver culturally and linguistically appropriate care. Target Audience: Our target audience is the society membership of physicians who specialize in physical medicine and rehabilitation as well as other allied health personnel in the physical medicine and rehabilitation arena. Education will be presented with that target audience in mind but other physician specialties and professionals will be invited when deemed appropriate. Our target audience consists of the above groups mainly from California. Types of Activities: As a CME provider of a medical specialty organization our activities mainly consist of live courses directly sponsored by the California Society of Physical Medicine & Rehabilitation. The educational design, instructional methods and learning format for each CME event is created to best serve the educational needs and learning objectives of the educational seminar. Content: The content for each individual presentation within the event is chosen with the needs and objectives taken into consideration. This includes but is not limited to case presentations, didactic lectures, question and answer periods, group discussions, workshops and panel discussions. Expected Results: We expect our attendees will report greater performance in their approach to clinical problems and/or express their intent to change their behavior and apply newly acquired strategies in their practice. We expect that our attendees will demonstrate competence and the effective use of targeted skills to enhance patient outcomes.

Location

Hilton Long Beach Hotel

701 W. Ocean Blvd.
Long Beach, CA 90831

Reservations: 1-800-HILTONS

**Group Name: CSPMR—California Society of Physical
Medicine & Rehabilitation**

Group Code: SP2

Online Reservations: Go to our website https://www.hilton.com/en/hi/groups/personalized/L/LGBLHHF-SP2-20200424/index.jhtml?WT.mc_id=POG

Here you will find a link to click to make your hotel reservations online.



Hotel Features: Situated in the heart of downtown Long Beach's business district, adjacent to the World Trade Center, the Hilton Long Beach offers comfortable accommodations, deluxe amenities, and exceptional customer service in a classically elegant setting. Conveniently located only seven miles from Long Beach Airport, and just a short drive from LAX, the Hilton Long Beach is surrounded by an array of exciting things to see and do. Ideal for business travelers in town for a conference or event, and families visiting the many local area attractions, the Hilton Long Beach bridges the gap between productivity and relaxation for a hotel experience worthy of the Hilton name.



Carnival Cruise Terminal, and Long Beach Arena. Plus, we're minutes from historic Pine Avenue, home to several unique shops, restaurants, and bars, and The Pike at Rainbow Harbor entertainment center. Hilton Long Beach is the official host and best choice of Grand Prix of Long Beach hotels. Our central location makes exploring Los Angeles and Orange County attractions quick and easy. Disneyland® Resort, the Getty Museum, LA Live in Downtown Los Angeles, and Hollywood, are only a short drive away. Best of all, the hotel offers complimentary local shuttle service (within a one mile radius) making getting around downtown a breeze.

Reservations: To insure our special group rate from **\$199.00 per night** (single/double occupancy, plus applicable taxes) you are

Attractions and Shopping: The Hilton Long Beach puts you within minutes from several of the area's most popular attractions such as the legendary Queen Mary, the Aquarium of the Pacific, the Pacific Ocean, Long Beach Convention Center, Long Beach Harbor,



Enrollment Application

CSPM&R's 2020 Annual Meeting

April 24-26, 2020

Hilton Long Beach Hotel, Long Beach, California

Register online: www.cspmr.net / Annual Meeting-CME / 2020 Annual Meeting

FEES:	Entire 3-day session	Friday	Saturday	Sunday
CSPM&R Member	<input type="checkbox"/> \$450.00	<input type="checkbox"/> \$150.00	<input type="checkbox"/> \$250.00	<input type="checkbox"/> \$150.00
Physician Non-Member	<input type="checkbox"/> \$550.00	<input type="checkbox"/> \$175.00	<input type="checkbox"/> \$300.00	<input type="checkbox"/> \$175.00
PT attending w/doctor	<input type="checkbox"/> \$450.00	<input type="checkbox"/> \$150.00	<input type="checkbox"/> \$250.00	<input type="checkbox"/> \$150.00
DC, PT, PA, RN, other	<input type="checkbox"/> \$500.00	<input type="checkbox"/> \$160.00	<input type="checkbox"/> \$275.00	<input type="checkbox"/> \$160.00
Retired Physician	<input type="checkbox"/> \$200.00	<input type="checkbox"/> \$80.00	<input type="checkbox"/> \$120.00	<input type="checkbox"/> \$80.00
Resident	<input type="checkbox"/> \$90.00	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$50.00	<input type="checkbox"/> \$35.00

☐ I will be attending the Saturday luncheon and will have _____ guest(s) @ \$40.00 each.

(Please include guest luncheon payment with your tuition.)

(Lunch is included for each registrant paying the tuition.)

Total enclosed: \$ _____

First Name

Middle Initial

Last Name

☐ M.D.

☐ D.O.

☐ P.T.

☐ R.N.

☐ D.C.

☐ Other _____

Address

City

State

Zip Code

(____) _____

Day Phone

(____) _____

Fax Number

Email (for registration confirmation)

Information required for CME Credit and Name Badge:

Please indicate primary medical specialty:

☐ PM&R

☐ Other _____

Guest names _____

If paying by check please make check out to CSPM&R and mail with enrollment form to:

CSPM&R
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email: CSPMR2018@gmail.com